



CAMP KIDSTON

Welcome to Kidston!

Nestled in the northeastern corner of the Halifax Regional Municipality, Camp Kidston offers a scenic outdoor venue that is perfect for your group's next adventure!

Camp Kidston is located on over 450 acres of land surrounding Long Lake, just outside of Middle Musquodoboit. Opportunities to explore the natural world are endless with access to nature trails, lakes, wetlands, and a private beachfront.

As an accredited member of the Camping Association of Nova Scotia and Prince Edward Island (CANSPEI), Camp Kidston has been building meaningful outdoor experiences for children and youth for more than 50 years. We are able to accommodate a wide variety of requests and look forward to welcoming your group soon!





Camp Kidston Day Programs

Flexible options to support your school or organization!

Day Programs for Grades P-12!

Our team is ready to welcome your students for a fun-filled, outdoor experience. It's the perfect way to learn and build stronger relationships in a unique setting!

About our Team:

Our staff are selected through a rigorous application process. All staff have their Standard First and CPR-C and site-specific programs/safety training. Our Canoe Instructors hold Paddle Canada Waterfront Instructor Certification, and our Lifeguards hold National Lifeguard Certification.

Questions? Please reach out to Janice at director@campkidston.com - we are happy to accommodate custom events and requests!





Program Options

Design a program that best suits your group!



Canoeing - Learn canoe basics and explore Long Lake with certified instructors.



Arts & Crafts - Outdoor-inspired craft sessions are a great way to balance out an active day!



Large Group Game - A classic camp game for everyone! Favourites include Capture the Flag, Rocks, and more.



Campfire & Song - Sing your hearts out and share in laughter over silly skits!



Initiatives & Team-Building - Become a stronger team through challenges that build communication and trust.



Low Elements - Overcome low element team challenges and try out our slacklines!



Outdoor Living Skills - Learn orienteering, shelter-building, or how to build a fire!



Environmental Ed. - Explore our extensive trail system and shoreline, all while learning about local ecosystems!



Sports & Games - From gaga ball to soccer baseball, we have it all!



Swimming - Take a refreshing dip in the lake or wade along the shoreline.



Water Games - Think sports & games, but come prepared to get wet! Perfect for groups that want to incorporate water activities without lake swimming.



Helpful Information

Dates

Day Programs are available in May/June and September/October. Book early to ensure your choice of date!

Chaperones

A minimum of 1 parent/volunteer/teacher/EA per 10 students is required. Chaperones attend Standard Day Programs at no charge - and there is no maximum! A minimal fee is charged for supper on Extended Day Programs.

Weather

Our programs run rain or shine - be ready to embrace the weather!

What to Bring

Teachers: Relevant health information for all students & payment cheque

Students: Hat, Sunscreen, Running Shoes, Lunch & Snacks, Signed Waiver

Fee Structure

Standard Day (5 hours)

\$20/student

*Minimum # of Students: 15 / Maximum # of Students: 60

Extended Day (8.5 hours)

\$40/student **Includes Cook-Out Supper*

COVID-19

Rental groups are responsible for ensuring they adhere to all government regulations and requirements, as outlined at www.novascotia.ca/coronavirus.

If your organization has additional COVID-19 protocols in place, please reach out to discuss how we can best accommodate you.



CAMP KIDSTON

We believe in...

THE POWER OF PLAY
JOINING TOGETHER
THE BEAUTY OF DIVERSITY
WARM WELCOMES
THE VALUE OF CHALLENGE
TRYING NEW THINGS
EVERYDAY CELEBRATIONS
LIFELONG GROWTH
FRESH STARTS
LEARNING FROM EACH OTHER
THE HEALING POWER OF NATURE
DIRTY HANDS AND SMILING FACES



Standard Schedule

9:30 Arrival
9:45 Activity Block 1
10:30 Snack Break
10:45 Activity Block 2
11:30 Lunch
12:15 Activity Block 3
1:00 Water Break
1:15 Activity Block 4
2:00 Closing Circle
2:30 Departure

*Arrival & departure times
can easily be shifted to
accommodate your school's
schedule!*

Extended Day Program

Why end the fun at 2:30? Our Extended Day Program adds in an extra activity block, a large-group game, and a cook-out over the campfire to finish off the perfect camp day! Supper includes pita pizzas, veggies, chips, and dip. Dietary accommodations are available. Departure time is 6:00pm.

Reserve your Spot!

Day Programs are booked on a first-come, first-serve basis.

To book:

- Please contact Janice Noble, Executive Director, at rentals@campkidston.com with your top two choices of dates.
- We will follow-up with confirmation and additional information to help make your trip a success!
- Camp Kidston requires a signed program agreement and proof of liability insurance (available from school administration) to confirm a booking.
- Payment for Day Programs can be made in advance or a cheque can be brought to Camp Kidston.

Questions?

🌐 www.campkidston.com

✉ director@campkidston.com

☎ 902-478-0928

📍 7429 Mooseland Road, Long Lake, NS, B0N 1X0

Travel time:

- From Middle Musquodoboit: 15m
- From Milford: 30m
- From Truro: 1h
- From Downtown Halifax or New Glasgow: 1h15m





You invest in youth when you book with Camp Kidston

When you book your event at Camp Kidston, you are helping to support youth and families in your community. 80-90% of our revenue goes directly to support youth recreational, leadership, and employment activities. Our "No Camper Left Behind" policy means that campers don't miss out because of their financial circumstances. By booking at Kidston this year, you will help hundreds of campers to step away from daily stressors and social media, to learn about themselves, and to build positive connections with the people and the world around them.

Kidston is a non-profit organization and a registered charity, operated by a volunteer Board of Directors.

We also host...

- Overnight school groups
- Youth groups
- Guides, Scouts, and Cadets
- Team-building and leadership programs
- Student councils, international student groups, and sports teams
- Conferences, meetings, and workshops
- Professional retreats
- Weddings and reunions